



**Embassy of India
Bahrain**

PRESS RELEASE

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Indian Embassy marks '25 Days to International Day of Yoga 2025' with a curtain raiser event

The Embassy of India in Bahrain marked 25 Days run up to International Day of Yoga (IDY) 2025 with a curtain raiser event at the Embassy premises. The event was attended by students from Embassy-run yoga classes, members of Indian community, Yoga enthusiasts from across Bahrain and Embassy officials in a collective celebration of wellness, harmony, and unity.

2. The yoga celebrations in Bahrain kickstarted in April with a yoga session at the Embassy to mark 75 days and 50 days to IDY 2025. The International Day of Yoga celebrations will continue throughout the month of June with a series of yoga-related events and initiatives across Bahrain until 21 June 2025, the day recognized globally as the International Day of Yoga. The Embassy invites all yoga lovers and practitioners in Bahrain to actively participate in the International Day of Yoga main event on 21 June 2025 and join the global movement for health and inner peace.



